Metro Route 7 — Falmouth - Downtown Portland - Jetport

*** Route Change - New Service**

Effective Date: June 16, 2024

ROUTE NUMBER 7

MONDAY THROUGH FRIDAY
OUTBOUND TO FALMOUTH

Jetport (A)	Congress Hutchins (H)	Westgate (B)	Congress St Maine Med Center (C)	Monument Square (D)	Washington Veranda (E)	Falmouth Walmart (F)	Town Landing (T)	OceanView (O)	Falmouth Shaw's (F)
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···	···	···	6:22	6:30	6:38	6:45	6:51	···	6:58
7:02	7:07	7:15	7:21	7:30	7:38	7:45	7:51	···	7:58
8:02	8:07	8:15	8:21	8:30	8:38	8:45	8:51	···	8:58
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MONDAY THROUGH FRIDAY
INBOUND TO DOWNTOWN PORTLAND

Falmouth Shaw's (G)	Falmouth Walmart (F)	Washington Veranda (E)	Portland City Hall (D)	Congress St Maine Med Center (C)	Westgate (B)	Congress Hutchins (H)	Jetport (A)
···	···	5:10	5:15	5:21	5:26	5:31	5:40
7:05	7:10	7:18	7:25	7:34	7:40	7:45	7:55
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Please note: **C** - Bus route does not stop in front of Walmart. Nearest stop is on Clearwater Drive.

SATURDAY
OUTBOUND TO FALMOUTH

Jetport (A)	Congress Hutchins (H)	Westgate (B)	Congress St Maine Med Center (C)	Monument Square (D)	Washington Veranda (E)	Falmouth Walmart (F)	Town Landing (T)	OceanView (V)	Falmouth Shaw's (F)
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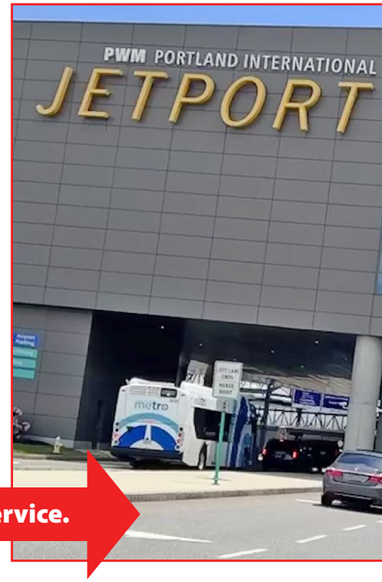
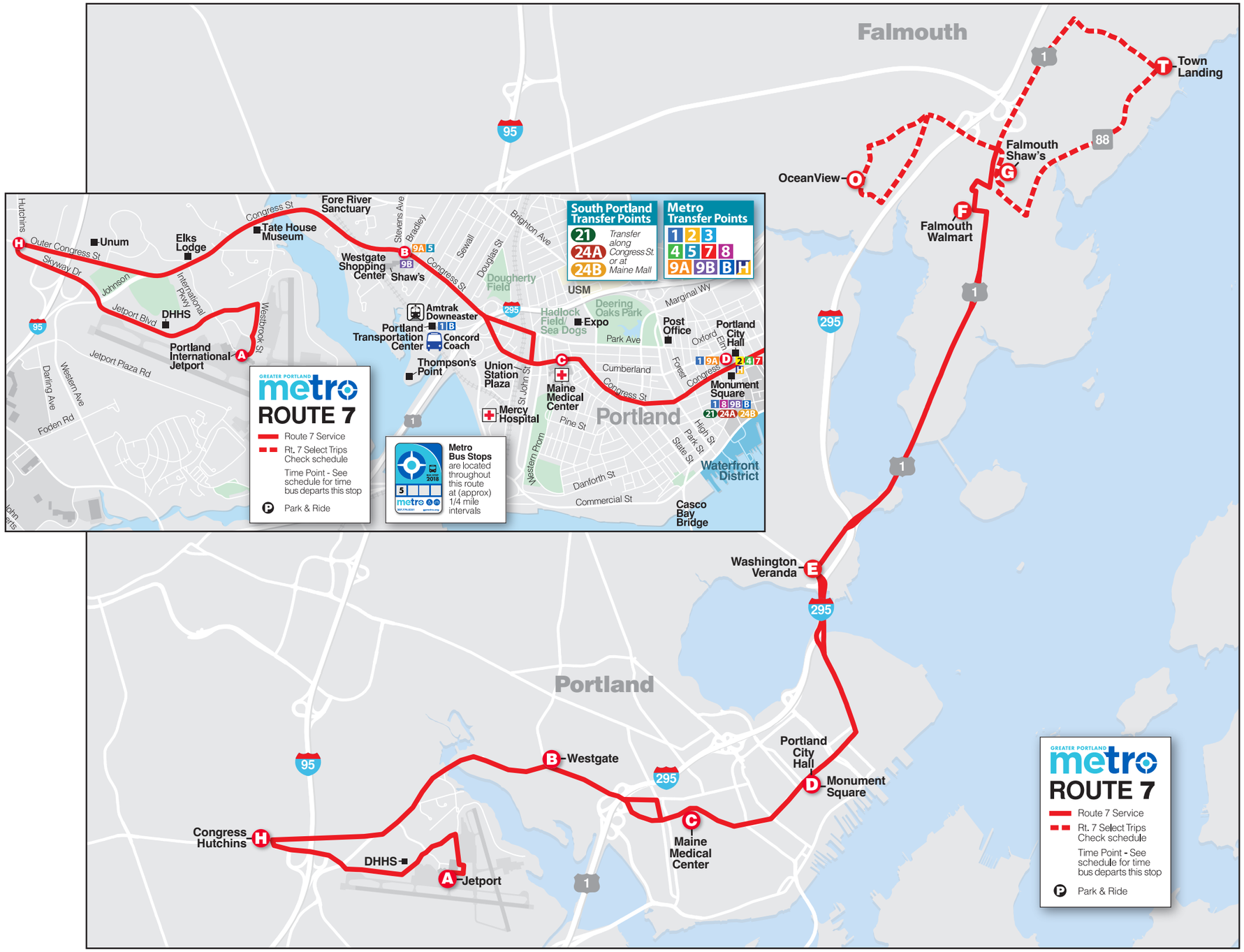


We've made some major changes to Metro's Route 7 service.

The NEW Route 7 travels between Falmouth and Downtown Portland, just like it has since it started. But, starting June 16, 2024, Route 7 will continue along Congress Street, stopping at the Portland Library, no longer turning down Elm Street, and continue travelling to Outer Congress Street, Portland Jetport, and the Department of Health and Human Services (DHHS).

The new schedule provides more frequency, with hourly service to the Portland Jetport, DHHS, and locations along Outer Congress Street. Trips will also start earlier and end later, for easier Jetport access for travelers and staff.

Route 5, which previously travelled to the Jetport and DHHS, will continue directly to the Maine Mall and surrounding destinations.



Route map and stops subject to change.